

Nov 2016

Monday	Tuesday	Wednesday	Thursday	Friday
NC SHIIP Coordinating Site (Seniors' Health Insurance Information Program)	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class NO - Scrapbooking w/ Judy 11:00 - AARP 1:30 - Games & Wii	9:00 - Best Value Hearing 9:00 - Ukulele Club 2:00 - Coloring 3:45 - Yoga / Stretching	9:00 - Golf at LAKEWOOD 8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting 12:30 - Line Dancing 2:30 - Games & Wii	9:00 - Exercise Class 10:00 - Tai Chi 11:00 - Bible Study
9:00 - Exercise Class 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching	Closed 8 Election Day	9:00 - Best Value Hearing 10:00 Bigg Bridge Must RSVP by noon 11/7 12:15 - Coupon Club 2:00 - Coloring 3:45 - Yoga / Stretching	9:00 - Golf at LAKEWOOD 8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Paintin 12:30 - Line Dancing 2:30 - Games & Wii	Closed 11 Veteran's Day
9:00 - Exercise Class 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching Frye—Mammograms	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy 1:00 - Card Making—Adv \$7 1:30 - Games & Wii	9:00 - Best Value Hearing 12:00 Birthday Luncheon Must buy \$5 tickets by Nov 4th.! 2:00 - Coloring 3:45 - Yoga / Stretching	9:00 - Golf at LAKEWOOD 8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting 17 NO - Retired School Personnel 12:30 - Line Dancing 2:30 - Games & Wii	9:00 - Exercise Class 10:00 - Tai Chi 11:00 - Bible Study
9:00 - Exercise Class 10:00 - Musicians "Jam" 21 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring NO - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy 10:30 Card Making \$7 Beginner 1:30 - Games— NO Wii	9:00 - Best Value Hearing 9:00 - Ukulele Club 12:15 - Coupon Club 2:00 - Coloring 3:45 - Yoga / Stretching	Closed Thanksgiving	Closed 25 Thanksgiving
9:00 - Exercise Class 10:00 - Musicians "Jam"	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 1:00 - Scrapbooking w/ Pat \$10 1:30 - Games & Wii	9:00 - Best Value Hearing 9:00 - Ukulele Club 12:15 - Coupon Club 2:00 - Coloring 3:45 - Yoga / Stretching	Taylorsville	
10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching			730 7th Street SW Taylorsville, NC 28681 Phone—828-632-1717	<u>Hours</u> Mon Thurs. 8:00 - 5:00 Fri. 8:00 - 2:00

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Cut this calendar out and keep it.

Need help paying your Medicare Part-D premiums? The "EXTRA HELP" program may be able to help you. Call 632-1717. Income limits apply.

Alexander Senior A Center Dec 2016

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Monday	Tuesday	Wednesday		Thursday	Friday	
Hours MonThurs. 8:00 - 5:00 Fri. 8:00 - 2:00	730 7th Street SW Taylorsville, NC 28681	(Seniors' H Informat Do you nee	Coordinating Site lealth Insurance ion Program) d help with your Drug premium?	9:00 - Golf at LAKEWOOD 8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting 12:30 - Line Dancing 2:30 - Games & Wii	9:00 - Exercise Class 10:00 - Tai Chi 11:00 - Bible Study	
9:00 - HAMRICK'S 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class NO - Scrapbooking w/Judy 11:00 - AARP 1:30 - Games & Wii	9:00 - UK 2:00 - Cole	t Value Hearing ULELE MOVIE, drawing & party oring ga / Stretching 7	9:00 - Golf at LAKEWOOD 8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting 8 12:30 - Line Dancing & party 2:30 - Games & Wii	9:00 - Exercise Class 10:00 - Tai Chi 11:00 - Bible Study	
9:00 - Exercise Class 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy 1:00 - Card Making—PARTY for all classes 1:30 - Games & Wii	9:00 - Best Value Hearing 10:00 Brunch Must RSVP for Bingo 632-1717 12:15 - Coupon Club 2:00 - Coloring 3:45 - Yoga / Stretching		9:00 - Golf at LAKEWOOD 9:00 - Exercise Class SP - Decorative Painting 11:00 - Retired School Personnel NO - Line Dancing 2:30 - Games & Wii	9:00 - Exercise Class 10:00 - Tai Chi 11:00 - Bible Study	
9:00 - Exercise Class 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Ju 20 NO Card Making 1:30 - Games & Wii	9:00 - Best Value Hearin 12:00 Birthday Luncheon Must buy \$5 tickets by 12/9 1:30ish - Alone Together 2:00 - Coloring 3:45 - Yoga / Stretching		9:00 - Golf at LAKEWOOD 9:00 - Exercise Class 10:00 - Decorative Painting NO - Line Dancing 2:30 - Games & Wii	Closed 23 for Christmas	
Closed for Christmas	Closed for Christmas	9:00 - Best Value Hearing 9:00 - Ukesters 28 12:15 - Coupon Club 2:00 - Coloring 2:00 - Alone Together 3:45 - Yoga / Stretching		9:00 - Golf at LAKEWOOD 9:00 - Exercise Class 29 10:00 - Decorative Painting NO - Line Dancing 2:30 - Games & Wii	9:00 - Exercise Class 10:00 - Tai Chi 11:00 - Bible Study	
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program may be able to help you. Call 632-1717. Income limits apply.